1. Below is the html code for creating the export and import button

<input type="file" id="file-input" />

<input type="button" onclick="pnpAttach()" value="Add this" />

<input type="button" onclick="pnpGet()" value="Get this" />

<div id="readDiv"></div>

<div id="readFile"></div>

1. Below is the code for adding the attachement in the list,   
   In below example, the listname is “pnpAttachement”.

var printFile = false;

var fileNameArr = [];

var addId = ""

var fileInfos = [];

$(document).ready(function(){

    $("#file-input").change(function(e) {

    blob();

    prinFileFunc();

        function prinFileFunc(){

            if(printFile){

                printFile=false;

                var lastFile = fileInfos.length-1;

                var fileName = fileNameArr[lastFile];

                fileName = fileName.trim();

                var onclick= "('"+fileName+"')";

                    $("#readFile").append('<li id="id'+fileName+'">'+fileName+'<br><span onclick="removeFile'+onclick+'">x</span></li>');

            }else{

                setTimeout(function() { prinFileFunc()}, 250);

            }

        }

    });

});

function removeFile(lf){

    var ind = fileNameArr.indexOf(lf);

    fileInfos.splice(ind, 1);

    fileNameArr.splice(ind, 1);

    $("#id"+lf).remove();

}

function pnpAttach(){

    $pnp.sp.web.lists.getByTitle("pnpAttachement").items.add({

        Title: "My List Item6"

    }).then(function(e) {

        addId = e.data.ID;

        blob();

        uploadListAttachments();

    })

}

function uploadListAttachments() {

if(fileInfos.length != 0){

    var item = $pnp.sp.web.lists.getByTitle("pnpAttachement").items.getById(addId);

    item.attachmentFiles.addMultiple(fileInfos);

}

}

function blob() {

      var input = document.getElementById("file-input");

          var file = input.files[0];

          var reader = new FileReader();

          reader.onload = (function(file) {

              return function(e) {

                var n = file.name.trim();

                n = n.replace(/[&\/\\#,+()$~%.\s'":\*?<>{}]/g, '')

                fileInfos.push({

                      "name": file.name,

                      "content": e.target.result

                  });

                  fileNameArr.push(n);

                  printFile = true;

               }

          })(file);

          reader.readAsArrayBuffer(file);

}

1. Below is the code for getting the attachment from the list

function pnpGet(){

    $pnp.sp.web.lists.getByTitle("pnpAttachement").items.getById(40).expand("AttachmentFiles").get().then(function(data){

        for(var i =0 ;i< data.AttachmentFiles.results.length; i++){

            var e = data.AttachmentFiles.results[i];

            $("#readDiv").append('<li><a href="'+e.ServerRelativeUrl+'">'+e.FileName+'</a></li>');

        }

    })

}